High-frequency variability in the North Icelandic Jet

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ABSTRACT

We describe the high-frequency variability in the North Icelandic Jet (NIJ) on the Iceland 7 Slope using data from the densely instrumented Kögur mooring array deployed upstream 8 of the Denmark Strait sill from September 2011 to July 2012. Significant sub-8-day vari-9 ability is ubiquitous in all moorings from the Iceland slope with a dominant period of 10 3.6 days. We attribute this variability to topographic Rossby waves on the Iceland slope 11 with a wavelength of 62 ± 3 km and a phase velocity of 17.3 ± 0.8 km day⁻¹ directed 12 downslope (-9°T). We test the theoretical dispersion relation for these waves against our 13 observations and find good agreement between the predicted and measured direction of 14 phase propagation. We additionally calculate a theoretical group velocity of 36 km day $^{-1}$ 15 directed almost directly up-slope (138 °T) which agrees well with the propagation speed 16 and direction of observed energy pulses. We use an inverse wave tracing model to show 17 that this wave energy is generated locally, offshore of the array, and does not emanate 18 from the upstream or downstream directions along the Iceland slope. It is hypothesized 19 that either the meandering Separated East Greenland Current located seaward of the NIJ, 20 or intermittent aspiration of dense water into the Denmark Striat Overflow, are the drivers 21 of the topographic waves. 22

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23 1. Introduction

The Denmark Strait Overflow is the major pathway of dense water out of the Nordic 24 Seas. It transports 3.2 Sv, or approximately 50%, of the total outflow (Dickson and Brown, 25 1994; Jochumsen et al., 2017), and hence plays a crucial role in the Atlantic meridional 26 overturning circulation (AMOC). While the existence of this overflow has been known 27 for many decades, our understanding of the processes that govern it and the underlying 28 dynamics remains incomplete. One important aspect that requires further study is deter-29 mining the upstream sources of the dense water and how it approaches the sill. If we are to 30 determine how a changing climate might impact the AMOC, we need to understand bet-31 ter the connection between the water mass transformation process and the flux of newly 32 ventilated water to Denmark Strait. 33

Most of the Denmark Strait Overflow water (approximately 70%) comes from the 34 East Greenland Current by way of the Nordic Seas boundary current system (Våge et al., 35 2013; Harden et al., 2016) (see Figure 1). Specifically, warm Atlantic inflow across the 36 Greenland-Scotland Ridge is progressively cooled as it flows northward towards Fram 37 Strait, much of it recirculating in the strait and subducting to mid-depth (Mauritzen, 1996). 38 This is joined by Atlantic water exiting the strait that has circumnavigated the Arctic, and 39 together the transformed Atlantic water flows southward in the East Greenland Current. 40 As the current rounds Scoresby Sund, it splits into two branches (Figure 1). One continues 41 towards the sill as a shelfbreak jet (Håvik et al., 2017). The other carries approximately 42 60% of the East Greenland Current water out into the central strait via eddies and/or gyre-43 like deflections of the shelfbreak jet (Våge et al., 2013; Harden et al., 2016). This interior 44 pathway, known as the separated East Greenland current, then flows into the strait along 45 the outer Iceland slope. 46

The remaining 30% of Denmark Strait Overflow water is supplied by the North Icelandic Jet (NIJ), a more recently discovered branch of the upstream circulation (Jonsson and Valdimarsson, 2004; Våge *et al.*, 2011). This mid-depth intensified jet advects waters



Figure 1: Map of the study region showing the overflow pathways approaching the Denmark Strait Sill: the North Icelandic Jet (NIJ) and the two East Greenland Current (EGC) pathways, one along the shelfbreak (sbEGC) and the other in a separated branch on the Iceland Slope (sEGC). Dashed portions show parts of pathways that still need further clarification. Also shown is the northward flowing surface-intensified current, the North Icelandic Irminger Current (NIIC). Black dots show the locations of the moorings in the Kögur array with larger dots indicating the subset of seven moorings used in this study. The upstream cross is the mooring to the west of the Kolbensey ridge referred to in the text. The bathymetry is from IBCAO v3.

distinct from those found in the East Greenland Current (colder and fresher) suggestive of a source in the central Iceland or Greenland seas (Våge *et al.*, 2011; 2015; Harden *et al.*, 2016). The NIJ contains the densest water that feeds the overflow; its waters are found in the deepest part of the sill (Mastropole *et al.*, 2017) and subsequently sink to the deepest depths in the core of the overflow.

The leading hypothesis for the formation of the NIJ, supported by both models and 55 observations, is that it represents the lower limb of a local overturning cell in the Iceland 56 sea (Våge et al., 2011; Behrens et al., 2017). The upper limb of the cell is the NIIC, which 57 sheds warm water into the Iceland Sea that is cooled by air-sea heat loss. The transformed 58 water then returns southward towards the boundary where it sinks and forms the NIJ. 59 However, many questions remain unanswered about this proposed system. For instance, 60 the winter mixed-layers in the Iceland Sea don't appear to be dense enough to account for 61 the deepest water in the NIJ (Våge et al., 2015), whereas those in the Greenland Sea do 62 (Strass et al., 1993; Rudels et al., 2002). 63

Regardless of the source of the NIJ, it clearly constitutes a vital component of the 64 circulation upstream of the sill. Harden et al. (2016) investigated the jet's mean and sea-65 sonal contribution to the overflow, demonstrating that there is time-dependent partitioning 66 of transport between the NIJ and the other two overflow branches on weekly to monthly 67 timescales, likely driven by the wind. Pickart et al. (2017) noted that the NIJ appears to 68 be coupled to the northward-flowing NIIC and that, on occasion, it consists of multiple 69 branches. Using historical hydrographic data, Pickart et al. (2017) also revealed a clear 70 link between the interannually varying properties of the NIJ and those of the densest water 71 at the Denmark Strait sill, leaving little doubt that the NIJ is a major source of the overflow 72 plume. 73

It has long been known that the Denmark Strait Overflow varies on short (order days) timescales (Smith, 1976; Bruce, 1995; Käse *et al.*, 2003). Some of this variability is associated with the passage of lenses of cold, dense, overflow water referred to as boluses

(Cooper, 1955). Recently, von Appen et al. (2017) identified a second type of mesoscale 77 feature in the strait that was termed a pulse. In contrast to boluses, pulses correspond to 78 a thinning of the overflow layer associated with a large increase in equatorward velocity. 79 Both of these features have been identified in a high-resolution regional model as well 80 (Almansi et al., 2017). von Appen et al. (2017) showed that, taking into account both 81 boluses and pulses, a mesoscale feature passes through Denmark Strait on average every 82 2 days. Presently, however, it is unknown if these disturbances originate from upstream or 83 if they are associated with local dynamics near the sill. 84

The goal of the present study is to shed light on some of the above processes by de-85 scribing the high frequency variability of the NIJ north of the Denmark Strait. We use 86 timeseries data from a year-long mooring array that was maintained roughly 200 km up-87 stream of the sill (Figure 1). This is the same data set used by Harden et al. (2016) to inves-88 tigate the mean and seasonal attributes of the NIJ. While Harden et al. (2016) mentioned 89 that the NIJ exhibits high-frequency variability, they did not elaborate on this. We begin 90 with a brief description of the data, followed by a characterization of the high-frequency 91 signal. We discuss how this signal is consistent with the existence of topographic Rossby 92 waves on the Iceland slope, and then investigate the source region of the energy in these 93 waves through inverse wave tracing. 94

95 2. Data and Methods

The data for this study come from the densely instrumented Kögur mooring array spanning the Denmark Strait approximately 200 km upstream of the sill. The array was deployed for 11 months from September 2011 to July 2012 and consisted of 12 moorings (named KGA 1-12) equipped with instrumentation to measure both the hydrography and velocity of the water column from 50 m to the bottom. Harden *et al.* (2016) present a detailed description of the mooring data, including the instrumentation, processing steps, and sensor accuracies. The array captured the majority of the overflow water (denser than 103 27.8 kg m⁻³) passing through the northern part of the strait towards the sill.

Here we use primarily the gridded product described in Harden *et al.* (2016), which 104 has a lateral resolution of 8km and vertical resolution of 50 m. Because of our focus 105 on the Iceland slope, we consider a subset of these data up to and including the location 106 of mooring KGA 7, approximately 70 km offshore of the Iceland shelfbreak. The mean 107 velocity sections demonstrate that this portion of the array captures both the NIJ and the 108 majority of the Separated EGC (Figure 2). For parts of the analysis we also use the data 109 on a mooring-by-mooring basis. All of the velocities have been de-tided using a 36-hour 110 low-pass filter. 11

Additional data come from a mooring located approximately 200 km upstream of the Kögur Array on the west side of the Kolbesney Ridge (68°00'N, 18°50'W, see Figure 1) This was deployed on the 1000 m isobath from September 2007 to mid-October 2008 and consisted of a McLane Moored Profiler and acoustic current meter providing profiles between 100 m and the bottom at 8 hour intervals. As with the Kögur data, we low-passed the velocity timeseries using a 36-hr filter to remove the tidal components of the flow. These data are described in greater detail by Jónsson and Valdimarsson (2012).

The inverse wave tracing of topographic Rossby waves (TRWs) was done using the 119 model described by Meinen et al. (1993) and implemented by Pickart (1995) for investigat-120 ing TRWs in the Deep Western Boundary Current off of Cape Hatteras, North Carolina. 121 The method uses the TRW dispersion relation to calculate the group velocity and then 122 backtracks the evolution of the wave with a time step of 30 minutes. The wave parameters 123 are recalculated at each step for the local bottom depth, bottom slope, and water column 124 stratification. A new group velocity is then found and used to further trace the wave. Most 125 of the required input parameters for the inverse wave tracing model come directly from the 126 moored data and are the same as those used for the theoretical TRW dispersion relation 127 calculations (see Section 3.a.). For the bathymetry we used the International Bathymetric 128 Chart of the Arctic Ocean 30-arcsec gridded product (Jakobsson et al., 2012). To remove 129



Figure 2: Mean vertical section of the along-stream (cross-transect) velocity (top), and median sections of potential temperature (middle) and salinity (bottom) for the 11-month period of the Kögur array. Overlaid in black contours on each panel is the mean density with the 27.8 kg m⁻³ isopycnal (the upper boundary of Denmark Strait Overflow Water) highlighted. The viewer is looking to the northeast with Iceland on the right. Positive velocities are equatorward. The horizontal black dashed line indicates the depth of the Denmark Strait sill. The moorings (black triangles) are labeled, and the average instrument locations are shown by the grey points. The bathymetry is from a shipboard echosounder.

seamounts and other sharp topographic features we smoothed the bathymetry using a filter
of 60 km (comparable to our measured TRW wavelength). In contrast to Pickart (1995)
who subsequently fit splines to the data to be able to find the bottom depth and gradients
at any location, we deemed our resolution to be high enough (and our smoothing window
great enough) to simply use linear interpolation. The total integration period for the wave
tracing was 48 hours.

136 **3.** Results

As discussed in Harden et al. (2016), the vertical sections of velocity and hydrography 137 at the Kögur site show the signatures of both the NIJ and the Separated EGC. However, the 138 two features are merged to some degree in the mean (Figure 2). The NIJ is on the upper 139 Iceland slope and is characterized by a mid-depth intensified flow carrying the coldest, 140 densest overflow water banked up on the slope. The Separated EGC is farther offshore; 141 its key features are a surface intensification and the transport of warmer, saltier overflow 142 water at approximately 300 m. Inshore of both these currents, on the Iceland shelf, is the 143 poleward flowing NIIC (see also Figure 1). 144

The two overflow currents are merged in the mean largely due to the high degree 145 of variability on weekly timescales. The depth-integrated, along-stream velocity exhibits 146 constant pulsing through this portion of the strait (Figure 3a). The period of the pulsing 147 in the vicinity of the NIJ is concentrated at sub-8-day periods with a maximum average 148 energy at 3.6 days (Figure 4). Farther offshore, near the Separated EGC, we also see 149 such short-period pulses in addition to more consistent longer-period variability (Figure 150 3a). The lower frequency signals were described by Harden et al. (2016) and attributed in 151 part to the time-varying upstream bifurcation of the EGC. Here we focus on the higher-152 frequency, sub-8-day variability. To facilitate this we used an 8-day butterworth filter.¹ 153

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The current ellipses of this high-frequency variability for each mooring are useful for

¹Different period filters were implemented, ranging in length from 4 days to 30 days, but the 8-day filter was most effective in isolating the peak high-frequency energy.



Figure 3: Hovmöller plots from the gridded mooring data of a) the depth-mean alongstream velocity (below 100 m, same for all plots); b) the 8-day high-passed, depth-mean component of velocity in the direction of the major axis of the local current ellipse; and c) the wavelet amplitude at a 4-day period for the depth-mean velocity. Iceland is to the right of each panel as in Figure 2 The wavelet analysis uses the jLab toolbox (Lilly, 2017) with standard Morlet wavelets with γ =3 and β = 2. The sloped, black guidelines in panel c are angled at the theoretical group velocity for the measured topographic Rossby waves (see text for details).



Figure 4: Top: Depth-averaged along-stream (black) and cross-stream (grey) components of velocity for the grid point closest to mooring KGA 3. Bottom left: Wavelet spectrum of the depth-averaged velocity using Morlet wavelets (Lilly, 2017). The color scale for this plot is at the top right. Bottom right: Mean wavelet amplitude for the length of the deployment. The dashed line in the bottom panels indicates the 8-day cut-off period for the high-pass filter used in this study.

characterizing different regimes across the array (Figure 5). In the NIIC (KGA 1), the current ellipse is elongated in the direction of the mean flow indicative of a current pulsing along its axis. By contrast, within the Separated EGC (KGA 6 and 7), the elongation of the current ellipses is perpendicular to the mean flow demonstrating that this current meanders. However, in the NIJ (KGA 2-4), the major axes of the current ellipses are aligned at an oblique angle to both the mean flow and the underlying bathymetry. KGA 5 appears to be in a transition region between conditions in the NIJ and those in the Separated EGC.

¹⁶² *a. Topographic Rossby Waves*

¹⁶³ We resolved the sub-8-day depth-averaged flow in the gridded product along the major ¹⁶⁴ axis of the current ellipses at each offshore location. Particularly in the NIJ, the variability along these axes have a sinusoidal form and are lagged between moorings such that the
 pulses of current progress offshore in time (Figure 3b). This implies a downslope phase
 propagation of this variability.

We argue that this is the signature of TRWs. These waves are supported by topographic β and result in transverse fluctuations that are often at an oblique angle to the mean flow. TRWs are found in many slope regions of the worlds oceans (Garrett, 1979; Louis *et al.*, 1982; Pickart and Watts, 1990). Key features of TRWs include wave vectors (and hence phase velocities) that are perpendicular to the velocity variability, a group velocity which is at an oblique angle to the phase velocity, and a tendency to be bottomtrapped in regions of significant stratification.

Given that the phase propagation is perpendicular to the velocity variability, we deduce that the wave phase is progressing downslope at -9°T (average from moorings KGA 2–4, see Figure 5). Following Pickart and Watts (1990), we then calculated the phase speed over the range of moorings KGA 2–4 (where the wave signal is most pronounced) using,

$$c_p = \frac{1}{T} \frac{360}{\overline{\phi}} \frac{\overline{\Delta S}}{\cos(\Delta)}$$

where *T* is the wave period (= 3.6 days), $\overline{\phi}$ is the average phase offset (= 48 ± 3°), ΔS is the average instrument spacing (= 8.1 ± 0.2 km), and Δ is the angle between the mooring array and the direction of wave propagation (= 8 ± 4°). The resulting phase speed is 17.3 ± 0.8 km day⁻¹ corresponding to a wavelength of 62 ± 3 km. The error estimates arise in equal contributions from uncertainties in $\overline{\phi}$, ΔS , and Δ .

As a consistency check that the observed fluctuations are in fact TRWs, we can employ the TRW dispersion relation for a uniformly stratified ocean neglecting planetary β . Following Pedlosky (1979), this can be written as:



Figure 5: Aspects of the flow measured by the Kögur moorings (black circles). The thin vectors indicate the mean velocity averaged from 100 m to the depth of the ADCP at each mooring (see gray lines in Figure 2). Also shown are the 8-day high-passed current ellipses for the same depth range. The thick black arrow (C_p) denotes the direction of TRW phase propagation averaged over KGA 2-4 (plotted at KGA 3). The dashed black arrow shows the direction of TRW group velocity (C_g) . All vectors and current ellipses are drawn to the same scale as indicated. The long black line is the mean downslop direction averaged between KGA 2-4. The bathymetry is from IBCAO v3.

$$T = \frac{2\pi \tanh(\frac{2\pi ND}{\lambda f})}{N\Gamma sin(\theta)}$$

where T is the period of the wave, N is the average water column Brunt Väisälä frequency (= 3.3×10^{-5} , averaged using the gridded data below 100 m), D is the depth (= 500 m), λ is the wavelength, f is the Coriolis parameter (= 1.35 x 10⁻⁴), Γ is the bottom slope (= 0.016, from IBCAO v3), and θ is the phase velocity direction relative to downslope.

We can test the predicted value of θ against the observed value using our knowledge 193 of the other variables. The predicted angle of 29° compares well with the measured value 194 of 24 $^{\circ}$ (from the average downslope angle between moorings KGA 2–4). There is of 195 course uncertainty in the measured downslope angle depending on the region selected 196 for the averaging. For example, if we expand the calculation of the downslope direction 197 to encompass KGA 1–5, the measured θ becomes 33°, which still agrees well with the 198 predicted value. In addition, the bottom-trapping scale (=f/Nk) is much greater than 199 1000 m, in agreement with the observed velocities which are largely barotropic. 200

All of this supports our assertion that the dominant high-frequency variability in the 201 NIJ is due to TRWs. The obvious question is, where and how are these waves being 202 generated? Using the dispersion relation we can calculate the group velocity. For the 203 observed parameters, we find this to be 36 km day⁻¹ directed almost directly up-slope at 204 the array site (138 °T, see Figure 5). This implies that the energy source lies offshore. 205 We can corroborate this onshore propagation of energy observationally by considering the 206 wavelet amplitude for the 4-day signal at each mooring site. The Hovmöller plot of this 207 shows clear occurrences of onshore energy propagation that are in line with the predicted 208 group velocity (Figure 3c). 209

²¹⁰ b. Wave Tracing and TRW Formation Mechanisms

In order to shed light on the source of the TRWs, we implemented the inverse wave tracing model described in Section 2. In particular, we calculated the wave paths backwards in time from moorings KGA 2–5. For each mooring, the model was initialized with the local wavenumber (assuming constant phase velocity and wave period). Since KGA 5 only marginally displayed TRW behavior, the results from that mooring should be considered less robust. The calculated paths indicate that the waves originate offshore of the moorings in the vicinity of the deep Blosseville Basin (Figure 6). While the traces
diverge somewhat going offshore, it is clear that they do not deflect significantly upstream
or downstream. In other words, the energy is not propagating along the Iceland continental
slope.

TRWs are a ubiquitous feature in the middle Atlantic Bight between Cape Hatteras, 221 NC and the Grand Banks (Louis et al., 1982; Johns and Watts, 1986; Pickart and Watts, 222 1990). The source of the waves appears to be the Gulf Stream. Both Hogg (1981) and 223 Schultz (1987) argued that TRWs observed along the US continental slope emanated from 224 large amplitude Gulf Stream meanders offshore. Louis et al. (1982) made the case that 225 bursts of TRWs measured south of Nova Scotia resulted from Gulf Stream eddy formation. 226 Pickart (1995) demonstrated that the TRWs observed near Cape Hatteras were forced by 227 meanders of the Gulf Stream as it flowed over a bend in topography farther to the east. 228

In light of these studies, it is natural to suspect that the TRWs measured at the Kögur 229 array site are generated by the Separated EGC. This current is energetic, and, as noted 230 above, is subject to significant meandering (akin to the Gulf Stream). The wave tracing 231 indicates that the energy emanates from the Blosseville Basin where the Separated EGC 232 resides. Additionally, there is evidence that times of strong TRW activity on the upper 233 slope are often preceded slightly by increases in meander energy offshore (Figure 3). The 234 high-energy event in November is one example of this, but there are additional instances 235 in late October, late December, and early March. 236

Another possible trigger for the waves is the intermittent aspiration of deeper waters towards the Denmark Strait Sill. Harden *et al.* (2016) demonstrated that 0.6 Sv of the overflow transport approaching the sill does so from below sill depth. Pulsing of this aspirated component of the flow across the isobaths could initiate topographic wave activity. Regardless of the mechanism, the presence of TRWs raises the question of whether they are present along the entire Iceland slope or whether they are unique to our sampling region. To address this we examined the velocity data from a mooring deployed approxi-

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Figure 6: Paths of the Topographic Rossby Waves (thin lines) computed using the inverse wave tracing model for moorings KGA 2-5. Wave traces are truncated as they pass the 1500 m isobath. The bathymetry is from IBCAO v3 smoothed over 60 km (see text for details).

mately 200 km upstream on the Iceland slope near the Kolbeinsey ridge from 2007–2008
(Jónsson and Valdimarsson, 2012). The depth-mean velocity showed very little energy
in the 4-day period, at odds with the large TRW signal found at this period at the Kögur
array. Notably, the upstream mooring site is quite far from the Separated EGC (Figure 1)
and hence lacks that as an energy source.

4. Summary and Discussion

We have documented the existence of energetic topographic Rossby Waves (TRWs) 250 within the North Icelandic Jet (NIJ) using observations from the densely-instrumented 25 Kögur Array located approximately 200 km upstream of the Denmark Strait Sill. The 252 mean period of the waves is 3.6 days, the wavelength is 62 ± 3 km, and the phase velocity 253 is 17.3 ± 0.8 km day⁻¹ directed downslope (-9 °T). Using the TRW dispersion relation, 254 we corroborated our observed direction of phase propagation relative to the downslope 255 direction (24°) with the theoretical value (29°) . We further calculated that the wave energy 256 is progressing up-slope (138 $^\circ T)$ at 36 km day $^{-1},$ in agreement with our observational 257 data. It is likely that the energy in the TRWs emanates locally near the mooring site, 258 either through the meandering of the offshore Separated East Greenland Current (EGC), 259 or through pulses of cross-bathymetric flow due to the aspiration of deep overflow water 260 as it approaches Denmark Strait. 26

Notably, our data imply that the dominant high-frequency variability at the Kögur site 262 does not originate from the Denmark Strait, nor does it propagate towards the sill. It sug-263 gests that the mesoscale features at the sill (boluses and pulses), diagnosed observationally 264 by von Appen et al. (2017) and in a model framework by Almansi et al. (2017), are not 265 triggered by, nor excite, the TRWs on the Iceland Slope. However, the likelihood of a 266 connection between the high frequency variability at the two locations is still high given 267 the geographic proximity and the similarity in timescales, but is presumably mediated by 268 another process. The Denmark Strait overflow is believed to be subject to hydraulic con-269

trol (Whitehead, 1998; Nikolopoulos *et al.*, 2003), and, consequently, information should
be transferred between the sill and the region to the north, likely as Kelvin waves. The existence of any such connection and the impact on both the sill and NIJ variability requires
further investigation and is the subject of an on-going study.

Finally, one also needs to consider where the energy in the TRWs ends up and what 274 impact it might have on the dynamics of the circulation inshore of the Iceland slope. The 275 energy likely cascades into the North Icelandic Irminger Current (NIIC) where it dissi-276 pates, leading to enhanced mixing. It might also alter the stability of NIIC, which brings 277 warm subtropical water into the Nordic Seas. Våge et al. (2011) hypothesize that the off-278 shore flux of this warm water associated with the disintegration of the NIIC is tied to the 279 overturning loop that forms the NIJ. Notably, eddies of NIIC water are found both in the 280 Blosseville Basin (Jónsson and Valdimarsson, 2012) and farther north in the Iceland Sea 281 (Våge et al., 2011). It is intriguing to think that the TRWs described here could play a role 282 in this aspect of the NIIC. 283

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