The North Icelandic Jet and its relationship to the North Icelandic Irminger Current

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Abstract

2 Shipboard hydrographic and velocity sections are used to quantify aspects of the North 3 Icelandic Jet (NIJ), which transports dense overflow water to Denmark Strait, and the North 4 Icelandic Irminger Current (NIIC), which imports Atlantic water to the Iceland Sea. The mean 5 transports of the two currents are comparable, in line with previous notions that there is a local 6 overturning cell in the Iceland Sea that transforms the Atlantic water to dense overflow water. 7 As the NIJ and NIIC flow along the north side of Iceland they appear to share a common front 8 when the bottom topography steers them close together, but even when they are separate there is 9 a poleward flow inshore of the NIJ. The interannual variability in salinity of the inflowing NIIC 10 is in phase with that of the outflowing NIJ. It is suggested, however, that the NIIC signal does 11 not dictate that of the NIJ. Instead, the combination of liquid and solid freshwater flux from the 12 east Greenland boundary can account for the observed net freshening of the NIIC to the NIJ for 13 the densest half of the overturning circulation in the northwest Iceland Sea. This implies that the 14 remaining overturning must occur in a different geographical area, consistent with earlier model 15 results. The year-to-year variability in salinity of the NIJ can be explained by applying annual 16 anomalies of evaporation minus precipitation over the Iceland Sea to a one-dimensional mixing 17 model. These anomalies vary in phase with the wind stress curl over the North Atlantic subpolar 18 gyre, which previous studies have shown drives the interannual variation in salinity of the 19 inflowing NIIC.

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21 Keywords: boundary currents; overturning circulation; overflow water

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23 1. Introduction

The dense overflow through Denmark Strait is the largest contributor to the lower limb of the Atlantic Meridional Overturning Circulation (AMOC; Hansen and Østerhus, 2000; Hansen et al., 2010). As such, it is important to understand the sources of water feeding the overflow and how the water within these pathways is made dense and delivered to the strait. Only then can we begin to determine the sensitivity of the AMOC to high latitude climate change, including the effects of increased freshwater input to the Nordic Seas (Gierz et al., 2015; Dukhovskoy et al., 2016), changes in the air-sea heat fluxes (Moore et al., 2012), and trends in sea ice concentration

31 (e.g. Moore et al., 2015). The mean transport of the overflow water exiting Denmark Strait is

32 between 3–3.5 Sv (Macrander et al., 2005; Jochumsen et al., 2012; Harden et al., 2016;

33 Jochumsen et al., 2017). This represents about half of the input of dense water to the North

34 Atlantic Deep Western Boundary Current (Dickson and Brown, 1994), making Denmark Strait a

35 critical passageway in the AMOC.

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37 Three separate currents advect overflow water into Denmark Strait from the north: the 38 shelfbreak branch of the East Greenland Current (EGC), the separated branch of the EGC, and 39 the North Icelandic Jet (NIJ, Fig. 1). The shelfbreak EGC was first identified as a major source 40 of overflow water by Mauritzen (1996). She demonstrated that the water in the Norwegian 41 Atlantic Current was made dense by air-sea forcing as it flowed northward towards Fram Strait. Upon reaching the strait, some of the current (known at this point as the West Spitzbergen 42 43 Current) recirculates to join the southward-flowing EGC (Quadfasel et al., 1987; Aksenov et al., 44 2010; de Steur et al., 2014; Hattermann et al., 2016; Håvik et al., 2017). The resulting mixture of 45 water masses, which includes a contribution from the Arctic Ocean (Rudels et al., 2002), 46 ultimately flows into Denmark Strait. This warm-to-cold conversion/mixing process is known as 47 the rim current overturning loop, and the dense water product is called Atlantic-origin water 48 (since it has a direct pathway stemming from the Atlantic Ocean).

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50 Recently it has been shown that the shelfbreak EGC bifurcates upstream of Denmark Strait 51 as it encounters the Blosseville Basin (Fig. 1). Using shipboard data from a number of cruises 52 together with a numerical model, Våge et al. (2013) argued that, as the shelfbreak EGC rounds 53 the sharp bend in bathymetry north of the Blosseville Basin, it sheds eddies due to baroclinic 54 instability. The eddies then migrate across the basin and rectify to form the southward-flowing 55 separated EGC. This branch has also been identified in regional general circulation models 56 (Kohl et al., 2007; Behrens et al., 2017). Not surprisingly, the water mass properties of the 57 overflow water in the two EGC branches are essentially indistinguishable.

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The existence of the NIJ was first reported by Jonsson and Valdimarsson (2004) using
shipboard velocity data. Since then it has been observed on numerous cruises north of Iceland
(Våge et al., 2011). The current is mid-depth intensified and is centered near the 650 m isobath

62 on the Iceland slope (which happens to be the sill depth of Denmark Strait). It advects the 63 coldest, densest component of the overflow water into the strait. Using a simplified numerical 64 model, Våge et al. (2011) argued that the NIJ is the return branch of a local overturning loop in the Iceland Sea which they describe as follows (Fig. 1): The North Icelandic Irminger Current 65 66 (NIIC) transports Atlantic water northward into the sea; as a result of baroclinic instability, the 67 current fluxes the water into the interior via eddies where it is densified by air-sea forcing; 68 finally, the dense water returns to the boundary where it sinks to form the NIJ. This process has 69 also been identified in a more realistic general circulation model (Behrens et al., 2017). The 70 water mass product in the NIJ is referred to as Arctic-origin water, due to the fact that the warm-71 to-cold conversion happens in the interior Nordic Seas and because there is no mean advective 72 link from the Atlantic (in contrast to the rim current overturning loop). Jonsson and 73 Valdimarsson (2004) argue that, as the NIJ approaches Denmark Strait, it mixes with and/or 74 entrains ambient water from offshore of the boundary.

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80 Using data from a year-long mooring array deployed across the northern part of Denmark 81 Strait, Harden et al. (2016) determined that, on average, the shelfbreak EGC accounts for 42% of 82 the overflow transport (1.50 Sv), the separated EGC accounts for 30% (1.04 Sv), and the NIJ 83 accounts for 28% (1.00 Sv). Notably, the degree of partitioning between these branches varies 84 over the course of the year such that the total amount of dense water delivered to Denmark Strait 85 remains approximately the same. Harden et al. (2016) argued that much of this partitioning is 86 due to wind forcing. Using more than two decades' worth of hydrographic data from the region 87 of the sill, Mastropole et al. (2017) revealed that the Arctic-origin overflow water from the NIJ is 88 found in the deepest part of the strait, whereas the Atlantic-origin overflow water resides above 89 this and to the west, in the vicinity of the East Greenland shelfbreak (the constriction of the strait 90 forces the shelfbreak and separated EGC branches to move closer to each other). Downstream of 91 Denmark Strait these overflow waters entrain ambient water from the Irminger Basin which 92 significantly increases the transport and modifies the hydrographic properties of the dense water 93 plume (e.g. Dickson et al., 2008; Jochumsen et al., 2015).

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95 While the NIJ has now been established as a significant source of Denmark Strait overflow 96 water (DSOW), there are a host of open questions regarding its nature, origin, and dynamics. 97 The notion of an Iceland Sea overturning loop is still largely a hypothesis at this point. 98 Intriguingly, the transports of both the NIJ and NIIC diminish as one progresses around the north 99 slope of Iceland (Våge et al., 2011), such that both currents tend to "disintegrate" near the 100 northeast corner of the island. The volume flux of each current also appears to be comparable 101 (O(1 Sv), Jonsson and Valdimarsson, 2012; Harden et al., 2016). Hence, from a mass budget 102 perspective, the inflow of warm, light water roughly balances the outflow of cold, dense water 103 (although this is not required for such an overturning loop). However, the relationship between 104 the two currents needs to be explored more thoroughly. The kinematic structure and water mass 105 signature of the NIJ also requires further investigation, including the role of mixing and 106 entrainment in the current. Finally, quantifying the seasonal to interannual variability of the NIJ 107 will help shed light on the timing by which the transformed water enters the current, which in 108 turn will offer clues regarding its formation.

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110 In this study we use a collection of shipboard hydrographic and velocity sections occupied 111 across the northern Iceland shelf/slope over a period of roughly a decade to better understand 112 some of the aspects of the NIJ and its interaction with the northward-flowing NIIC. We first 113 present the mean characteristics and seasonal variability of the two currents, and then investigate 114 their transports both in the cross-stream plane and in temperature-salinity space. This is done at a 115 single location northwest of Iceland. Next we consider the pathway of the NIJ as it flows 116 towards Denmark Strait in relation to the location of the NIIC. We find that the two currents are 117 only sometimes adjacent to each other, and we consider conditions that might influence this. 118 Finally, we investigate the interannual variability of the overflow water in the NIJ and relate this 119 to various driving factors, which sheds light on the link between the dense outflow through 120 Denmark Strait and the inflowing Atlantic water. 121

122 **2. Data and Methods**

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124 2.1 Shipboard data

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126 The hydrographic and velocity data used in the study come from eight shipboard surveys of 127 the north slope of Iceland, carried out between 2004 and 2013 (Fig. 2). Five of the cruises took 128 place in summer/fall, and the remaining three occurred in winter (Table 1). On each of the 129 surveys the Kögur line was occupied, which is one of the standard sections maintained by the 130 Marine and Freshwater Research Institute of Iceland (MRI) on a regular basis. During the time 131 period in question, 8 Kögur occupations were carried out which included shipboard 132 measurements of hydrography and velocity (the latter is not typically measured on the MRI 133 surveys). The remaining sections, which span from north of Denmark Strait to the northeast part 134 of Iceland, were occupied in 2008 (the western sections) and 2009 (the eastern sections, see Fig. 135 2). The station spacing was typically 5 km or less, which is required to resolve the 136 approximately 20-km wide NIJ. 137 138

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141 Hydrography

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143 All of the cruises used a Sea-Bird 911+ conductivity-temperature-depth (CTD) instrument 144 mounted on a rosette with Niskin bottles for collecting water samples. The temperature and 145 conductivity sensors were calibrated at Sea-Bird before and after each cruise, and the 146 conductivity values were further adjusted using the in-situ salinity data. The resulting accuracies 147 are 0.001°C for temperature, and 0.002 for salinity. Vertical sections of potential temperature 148 referenced to the sea surface (hereafter referred to as temperature), salinity, and potential density 149 referenced to the sea surface (hereafter referred to as density), were constructed using Laplacian-150 spline interpolation. The bottom topography was obtained by the ships' echosounder and 151 corrected for variations in sound speed. The alongstream direction is positive towards Denmark 152 Strait, the cross-stream direction is positive towards Iceland, and the vertical direction is positive 153 downwards. The cross-stream distance is x and the depth is z. The x origin of the Kögur line 154 corresponds to the offshore-most station that is typically occupied by MRI.

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156 Velocity

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158 Direct measurements of velocity in the water column were made at each station using a 159 lowered acoustic Doppler current profiler (LADCP). This consisted of an upward-facing and 160 downward-facing 300 kHz Teledyne RDI Workhorse attached to the rosette. The data were 161 processed using the velocity inverse method from the Lamont-Doherty Earth Observatory 162 LADCP Processing Software Package version IX 10 (Thurnherr, 2009; Thurnher, 2010). The 163 methods used to develop the LADCP processing software are described by Firing and Gordon 164 (1990), Fisher and Visbeck (1993), and Visbeck (2002). Following this, the barotropic tidal signal was removed from each profile using the 1/60th degree regional tidal model of Egbert and 165 166 Erofeeva (2002). The resulting uncertainty in the velocity, due to instrument error and 167 inaccuracies in the tidal model, is 2 cm/s (see Våge et al., 2011). Vertical sections of absolute 168 geostrophic velocity were created by referencing the gridded thermal wind sections with the 169 gridded cross-track LADCP velocity sections, as was done by Våge et al. (2011). Positive 170 velocities (u) are directed towards Denmark Strait.



Fig. 2: Top panel: Locations and labels of the shipboard sections used in the study (see the legend). Bottom row:

- 175 The 8 Kögur sections shown two at a time.

- 178 **2.2 Reanalysis products**
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180 Three different global atmospheric reanalysis products are used in the study: the National 181 Centers for Environmental Prediction (NCEP) product, the ERA-Interim (ERAI) product from 182 the European Center for Medium-Range Weather Forecast (ECMWF), and the Japanese 183 Meteorological Agency product (JRA55). The spatial resolution of the NCEP fields is 184 approximately 1.9° for the 10 m winds, precipitation, and evaporation fields (Kalnay et al., 185 1996). The data are archived every 6 hours from 1948 onwards. The ERAI data cover the period 186 1979 to the present (Dee et al., 2011), with an effective spatial resolution of 80 km and time step 187 of 6 hr. The JRA55 is available from 1958 onwards with a 6-hour time step at a spatial 188 resolution of approximately 56 km (Kobayashi et al., 2015). 189 190 It should be noted that the precipitation and evaporation fields from reanalysis products are 191 not strongly constrained by observations and are therefore influenced by the characteristics of the 192 parameterizations used in the underlying numerical model (Kalnay et al., 1996; Renfrew et al., 193 2002; Dee et al., 2011). It is difficult to estimate the uncertainty in precipitation estimates from 194 reanalyses as a result of the sparse nature of observations, especially over the high latitude ocean 195 (Bosilovich et al. 2008). With this caveat, it appears that the precipitation over the North 196 Atlantic Ocean from reanalyses is biased low by up to 10% (Bosilovich et al. 2008). Based on 197 aircraft observations from the Denmark Strait region, the uncertainty in the evaporation and the 198 momentum flux are also on the order of 10% (Renfrew et al. 2009). Given that these air-sea flux 199 fields are all influenced by the characteristics of the underlying models, one can assume that the 200 errors in these fields are independent and thus using three different reanalysis products provides 201 additional confidence in the results obtained in the study. 202 203 3. The Kögur section: Mean, seasonality, and transports

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205 Mean

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207 Using the 8 occupations of the Kögur transect, we made mean sections of the hydrographic
208 variables and the absolute geostrophic velocity (Fig. 3). Four of these occupations (all carried

209 out in the summer) were used by Våge et al. (2013) in their investigation of the circulation north 210 of Denmark Strait. Also, Harden et al. (2016) created year-long mean vertical sections from the 211 mooring data along the Kögur line which are obviously more robust than those presented here. 212 However, the spatial coverage of the moorings was not as complete as that provided by our 213 CTD/velocity transects. In particular, the moorings had only a single CTD sensor in the top 100 214 m, had coarser cross-stream resolution, and did not extend onto the Iceland shelf and hence were 215 not able to sample the NIIC. In 7 of the 8 transects considered here, the stations bracketed both 216 the NIJ and NIIC throughout the entire water column (the August 2011 occupation only sampled 217 the offshore portion of the NIIC). As such, our data set offers a unique view of these two 218 currents.

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220 The mean temperature section reveals cold, dense water banked against the Iceland slope, 221 nearly reaching the shelfbreak (Fig. 3a). This constitutes the densest portion of the DSOW (Våge 222 et al., 2011). It also comprises the large boluses of overflow water that are commonly observed 223 at the sill (Mastropole et al., 2017). The Iceland shelf is mainly filled with warm and salty 224 Atlantic water (Fig. 3a,b). The salinity section shows that this water mass is typically confined 225 between the shelfbreak and the sharp change in topography near x = 105 km (which separates 226 the inner and outer shelves). In addition to the pronounced hydrographic front at the shelfbreak, 227 there is a second more subtle hydrographic front in the mean section near x = 10 km in the upper 228 150 m. This also separates colder, fresher water offshore from warmer, saltier water onshore. 229 This front is discussed below in Section 4.

230

231 The mean absolute geostrophic velocity section (Fig. 3c) reveals several features. First, 232 there is the poleward flowing NIIC inshore of x = 40 km. The maximum velocity of the current 233 is near the shelfbreak, associated with a density front: the isopycnals slope downward going 234 onshore, resulting in surface-intensified flow. Note, however, that the NIIC extends well onshore 235 of this to where the bathymetry shoals again. Here the isopycnal tilt changes sign and the flow is 236 weakly bottom-intensified. On the inner shelf the isopycnal tilt reverses yet again. This inner 237 front is associated with the shoreward edge of the Atlantic water where there is a transition from 238 warm, salty water to colder and fresher water. Note that this density front is dictated by the

lateral gradient in salinity, whereas the shelfbreak front is dictated by the lateral gradient intemperature.

241

242 The main core of the NIJ is located near x = 30 km, corresponding to the divergence in 243 isopycnals (which is a ubiquitous feature of the current, e.g. Våge et al., 2011): the deeper 244 isopycnals slope downward going offshore, while the shallower isopycnals slope upward. As 245 such, the current is middepth-intensified with maximum flow near 300 m. This spreading of the 246 isopycals is indicative of the low potential vorticity water advected in the NIJ, which supports 247 the interpretation of a convective origin. In the upper left-hand part of the mean section there is 248 surface-intensified flow in the top 100 m. This is the eastern edge of the separated EGC. As 249 demonstrated by Harden et al. (2016) using the mooring data along the Kögur line, in the year-250 long mean the separated EGC and NIJ are partially merged. In Fig. 3c, deeper than 100 m and 251 slightly onshore of the separated EGC, there is a second region of middepth-intensified 252 southward flow. As shown in the next section, this signal is due to the fact that, at times, the NIJ 253 has multiple cores.

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255 Seasonality

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257 To investigate seasonal differences in the water masses and currents at the Kögur line, we 258 created mean vertical sections for the warm season (the August, July, and October occupations, 259 5 total) and the cold season (the February occupations, 3 total). These are shown in Fig. 4, 260 which reveals significant differences. In summer/fall, the Atlantic water on the Iceland shelf is 261 warmer, saltier, and more strongly stratified than in winter (consistent with the results of Jonsson 262 and Valdimarsson, 2012). There is also a near-surface layer of fresh water extending across the 263 shelf. In winter, the strong air-sea heat flux in the region forms a deep mixed-layer that extends 264 to within \sim 50 m of the bottom. This convective overturning mixes the cold, fresh surface water 265 downwards which cools and freshens the Atlantic water. Note also that in winter the NIIC is 266 more barotropic. (It also appears to be stronger then, but this is largely due to an anomalously 267 strong NIIC in February 2011, see below.)



Fig. 3: Mean vertical sections of the 8 Kögur transects. The viewer is looking to the northeast. The contours are potential density (kg m⁻³). (a) potential temperature (color, °C); (b) salinity (color); (c) absolute geostrophic velocity (color, cm/s). Positive velocities are equatorward. The thick white contour in (c) delimits the region of the dominant T/S transport mode discussed in the text (defined by a temperature range of -0.4°C to 0°C and salinity range of 34.90 to 34.91).

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277 The velocity seaward of the shelfbreak also displays seasonal differences. In summer the 278 NIJ is well developed, centered near x = 25 km, with a divergence of isopycnals progressing 279 offshore (as in the overall mean section, Fig. 3). Seaward of this (x < 12 km) there is a clear 280 signature of the separated EGC. Here the equatorward flow is surface intensified, and the 281 isopycnals slope downward offshore throughout the water column. Note the hydrographic front 282 associated with the separated EGC; in particular, the water in the top 200 m becomes colder and 283 fresher (see also Våge et al., 2013). In winter there is no sign of the separated EGC, and now the 284 NIJ has two separate cores (this was true in each of the three winter occupations). The inner core 285 is located immediately offshore of the shelfbreak, while the outer core – which is stronger and 286 extends over a greater portion of the water column - is located near the western edge of the 287 section. Presently it is unclear why the NIJ at times has multiple branches; it could conceivably 288 be due to meandering or eddy formation. This is investigated further in Section 4.

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290 Volume Transports in the Vertical Plane

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292 As noted above, one of the unique aspects of our data set is that 7 of the 8 occupations of the 293 Kögur section simultaneously sampled the NIJ and NIIC with hydrography and velocity. This 294 affords us the opportunity to compare the equatorward transport of overflow water in the NIJ 295 with the poleward transport of Atlantic water in the NIIC. One of the arguments for the 296 overturning loop in the Iceland Sea is that there is an approximate mass balance between these 297 two flows (Våge et al., 2011), although this is not a requirement. Using the year-long data set 298 from the Kögur mooring array, Harden et al. (2016) estimated that the mean transport of 299 overflow water in the NIJ is 1.00 Sv. By comparison, using 16 years of mooring data on the



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301 Fig. 4: Top row: Mean vertical sections of the summer/fall Kögur transects (see Table 1). Bottom row: Mean 302 vertical sections of the winter Kögur transects. The properties are the same as in Fig. 3. 303

305 Iceland shelf (roughly 85 km to the northeast of the Kögur line), Jonsson and Valdimarsson 306 (2012) calculated a transport of Atlantic water of 0.88 Sv in the NIIC. It should be noted that the 307 latter estimate was based on only three moorings with limited vertical coverage. Also, Jonsson 308 and Valdimarsson (2012) used a water mass end member technique to isolate the transport of 309 "pure" Atlantic water within the NIIC, which is what their value represents. In particular, they 310 calculated the percent transport associated with an Atlantic water end member in Denmark Strait 311 (see below for details).

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313 For each of our vertical sections we calculated the volume transport of the NIJ and the NIIC 314 (Fig. 5) along with an estimate of the error (based on the uncertainty in velocity, see Våge et al.,

2013). The NIJ value represents water denser than 27.8 kg m⁻³, which is commonly taken as the
upper limit of DSOW (Dickson and Brown, 1994). The average NIJ transport over all 8
occupations is 1.23±0.32 Sv, which is a bit more than the year-long average of Harden et al.
(2016), but within the error bar. The average NIIC transport (for the 7 occupations that sampled
the current) is 3.07±0.29 Sv. This is more than twice the transport of the NIJ and seemingly calls
into the question the notion of a mass balance for the Iceland Sea overturning loop. However,
there are several caveats that we now consider which impact our estimates.

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323 The first thing to note is that the NIIC advects a small amount overflow water northward 324 through Denmark Strait. Averaged over all occupations the value is 0.19 Sv. This contribution 325 should be discounted when considering the warm-to-cold conversion in the Iceland Sea. 326 Secondly, the NIIC transport during February 2011 was anomalously large. In particular, it is 327 more than two standard deviations larger than the mean, in contrast to the other values which all 328 fall within 0.15 of one standard deviation. It is also more than 2.5 times greater than the next 329 largest value (Fig. 5). As such, it is reasonable to discard this value as non-representative. 330 Taking both of these factors into account, the mean NIIC transport reduces to 2.07 ± 0.27 Sv, 331 which is closer to the equatorward transport of the NIJ.

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333 To be consistent with Jonsson and Valdimarsson (2012), we computed the transport of pure 334 Atlantic water within the NIIC in each of our sections. Following their study, for the Atlantic 335 water end member we used a station on the Iceland shelf at the Látrabjarg transect near the 336 Denmark Strait sill (station #6 along the transect, see Jonsson and Valdimarsson, 2012). This 337 captures the warm and salty water when it first enters the Nordic Seas. For the polar water end 338 member, we again followed the earlier study and used the station on the seaward end of the 339 Kögur transect. Hence, for each occupation, we used the western-most station on our Kögur 340 transect along with station #6 from the Látrabjarg transect (which was occupied just days before 341 the Kögur section). As such, we were able to employ time-varying end members for our 342 calculation.

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To compute the percentage of Atlantic water in the NIIC for our 7 realizations, we plotted the two end members in temperature-salinity (T/S) space for each transect in addition to all of

the data points from the stations across the current. Next, at each 10 m increment in depth, we drew a mixing line between the Atlantic water and polar water end members and computed the distance of each transect grid point to these end points. The percentage of the Atlantic water was



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Fig. 5: Volume transport (solid black squares) of (a) the NIJ and (b) NIIC for each of the Kögur transects (see
legend of Fig. 2). The standard deviations are indicated. The NIJ transport is equatorward and the NIIC transport is
poleward. Note that there is no value for the NIIC for the Aug 2011 crossing. The open circles in (b) are the
transport of the NIIC minus the overflow contribution. The red circles in (b) are the transport of pure Atlantic water
(see text).

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358 water end member. Finally, vertical sections of Atlantic water percentage were constructed for

each of the occupations, and this was multiplied by the corresponding vertical sections ofnorthward transport to obtain the volume flux of pure Atlantic water.

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362 The results of this calculation are shown in Fig. 5 (red circles). One sees that, aside from the 363 anomalous occupation in February 2011, there is relatively little non-Atlantic water transported 364 by the NIIC at this location. Nonetheless, taking this into account (and discounting the February 365 2011 value), the NIIC transport is reduced to 1.71 ± 0.22 Sv. A final thing to keep in mind is that the NIJ advects some amount of water lighter than 27.8 kg m⁻³ (Fig. 4). Hence a fairer 366 367 comparison between the inflow and outflow is to consider the water in the NIJ that is denser than the pure Atlantic water in the NIIC, as opposed to using the 27.8 kg m⁻³ isopycnal as the upper 368 bound. (The average bound in question for the NIIC is 27.74 kg m⁻³ over all of the occupations.) 369 370 When this is done, the corresponding inflow and outflow transports are 1.71 ± 0.22 Sv and 371 1.29 ± 0.33 Sv, respectively. This suggests that the two are in fact relatively close to balancing 372 each other, especially in light of the uncertainty in our transport calculations.

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- 374 Volume Transport in T/S Space
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376 It is of interest to break down the mean volume transport of the NIJ into T/S classes. This 377 was done by dividing the T/S plane into increments of 0.2° C in temperature and 0.01 in salinity, 378 then computing the volume transport of the NIJ water within each bin. This reveals that most of 379 the dense overflow advected by the current is confined to a relatively small region in T/S space 380 (Fig. 6). The majority of the volume flux is denser than 27.9 kg m⁻³ (see also Fig. 3) and is 381 contained in a narrow limb that extends to colder and saltier values. Within this limb there is a 382 pronounced mode defined by a temperature range of -0.4°C to 0°C and salinity range of 34.90 to 383 34.91. This small T/S class transports 0.32 Sv, which is approximately 25% of the total transport 384 of the NIJ. The location of this volumetric transport mode in geographical space is shown in Fig. 385 3 (denoted by the white line). Hence, the deep portion of the NIJ accounts for most of the 386 transport in T/S space that feeds the Denmark Strait overflow.

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4. Pathway of the North Icelandic Jet

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As seen in the mean vertical sections for the Kögur line (Fig. 3), on average the NIJ is situated immediately adjacent to the NIIC. It turns out, however, that this is not always the case – either at this spot or other locations along the NIJ's pathway (keep in mind the three Kögur winter realizations with an offshore NIJ core). We now investigate more carefully the relative locations of the NIJ and NIIC along the full path of the NIJ as it progresses along the north slope of Iceland towards Denmark Strait. For this part of the analysis we make use of the transects occupied on two of the cruises: fall 2008 and summer 2009 (see Fig. 2 and Table 1).

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400 Let us first examine a realization in which the two currents are situated side by side (Fig. 7). 401 This transect was occupied just to the west of the Kolbeinsey Ridge, and one sees that the warm 402 and salty Atlantic water is present across the entire Iceland shelf (Fig. 7b,c). In the vicinity of 403 the shelfbreak there is a pronounced density front extending to approximately 400 m depth. Note 404 that the sense of the front (denser to lighter progressing onshore) is dictated by the lateral 405 temperature gradient (colder to warmer progressing onshore). Notably, this front supports both 406 the upper portion of the NIJ and the deeper portion of the NIIC (Fig. 7d). That is, the 407 equatorward flow of the NIJ increases with depth, while the poleward flow of the NIIC 408 decreases with depth (and reverses below ~ 250 m depth). The magnitude of the lateral density 409 gradient is shown in Fig. 7e, revealing that it is strongest within the boundaries of the NIJ. 410

411 The next realization that we consider was occupied at the Kögur line (Fig. 8). Contrary to 412 the previous example, the Atlantic water does not extend all the way to the Iceland shelfbreak 413 (Fig. 8b,c). Instead, the density front associated with this warm and salty water is located on the 414 mid-shelf, and it supports the NIIC alone (the isopycnals are flat across the shelfbreak, Fig. 8d). 415 Farther offshore, in the vicinity of the NIJ, there is a second density front. It has the same sense 416 as the NIIC front (denser to lighter progressing onshore due to the lateral temperature gradient). 417 As with the previous realization, this front is associated with enhanced equatorward flow of the 418 NIJ with depth. Note also that there is a small amount of poleward flow in the surface layer 419 immediately inshore of the NIJ (centered at x = 30 km, Fig. 8d). The same density front is 420 responsible for weakening this flow with depth (and reversing it below 50 m). Hence, in both

421 realizations there is a density front dictating the vertical structure of the NIJ as well as poleward

422 flow next to the NIJ – in the first case the poleward flow is the NIIC, in the second case it is not.

- 423 In both examples the density front shows up clearly in the vertical section of lateral density
- 424 gradient (compare Fig. 7e and 8e).
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Fig. 6: Volume transport of the NIJ (color, mSv) as function of potential temperature and salinity. The contours are potential density (kg m⁻³). The density corresponding to the top of the overflow water layer (27.8) is highlighted.

Going through all 11 realizations for the two cruises, we find that in roughly half the casesthe NIJ is located adjacent to the NIIC. In the remaining cases the NIJ is next to poleward flow

- that is not the NIIC. In the former scenario, a single density front is associated with the NIJ and
- 433 NIIC (similar to Fig. 7). In the latter scenario the density front is linked to the NIJ and to the
- 434 poleward flow that is distinct from the NIIC (similar to Fig. 8). (We note that one of the
- 435 transects had a double NIJ core where the inner branch was next to the NIIC.) A natural question
- 436 to ask is, are there any trends associated with these two scenarios?



Fig. 7: Vertical sections of properties for transect S when the Atlantic water extends to the shelfbreak. (a) Location of the transect (red symbols); (b) Potential temperature (color, °C) overlain by potential density (contours, kg ⁻³); (c) Salinity (color); (d) Absolute geostrophic velocity (color, cm/s), where positive velocities are equatorward. (e)
Lateral density gradient. The station numbers are marked at the top. The dashed box in (b) denotes the region over which the characteristics of the hydrographic front were determined (see text). The two black vertical lines mark the lateral limits of the NIJ.

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445 Using the vertical sections for each occupation (i.e. the same set of plots as shown in
446 Figs. 7 and 8 for all of the transects), we tabulated the strength of the density front near the NIJ,
447 the magnitude of the poleward flow inshore of the NIJ, and the value of the salinity inshore of
448 the density front (averaged over the depth range of the front). These are plotted as a function of
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realization in Fig. 9, which demonstrates that all of these variables vary in phase with each other.

- 450 In particular, when the density front (plotted here as baroclinic shear) is strong, the poleward
- 451 flow next to the NIJ is strong, and the salinity inshore of the front is large. The opposite is true
- 452 for the other realizations. In Fig. 9 we have marked the cases when the salinity value is



453

456 indicative of the Atlantic water. It is thus clear that there are 6 instances when the NIJ is

457 immediately adjacent to the NIIC: strong poleward flow, high salinity, and strong baroclinic

458 shear. By contrast, there are 5 cases when the NIJ resides next to a much weaker poleward flow

459 with less baroclinic shear and lower salinity inshore of the front. The average poleward flow for

the NIIC cases is 29 cm/s compared to 4 cm/s for the other realizations.

461

462 Hence, in all cases the NIJ appears to be coupled to a poleward current. Why is it that only463 some of the time this current is the NIIC? And, when this is not the case, what is the nature of

Fig. 8: Same as Fig. 7 except for transect K when the Atlantic water did not reach the shelfbreak. 455

the poleward flow? While we are not able to provide definitive answers to these questions, we can shed light on both issues. In Våge et al.'s (2011) study of the NIJ, they determined that the current generally follows the 650 m isobath as it flows towards Denmark Strait (whose sill depth is also 650 m). The NIIC, on the other hand, is confined to the Iceland shelf and shelfbreak (although it can meander laterally, Jonsson and Valdimarsson, 2005). A reasonable choice for the mean isobath of the NIIC is 350 m, based on the MRI data set.

470



471

Fig. 9: Strength of the density front near the NIJ (plotted as baroclinic shear over the vertical extent of the front, solid line), value of the poleward flow inshore of the NIJ (dashed line), and the value of the salinity inshore of the density front (dotted line). Those realizations where the inshore salinity value was indicative of the Atlantic water are denoted by red stars. The other cases (when the water was not Atlantic water) are denoted by blue stars. The transect labels are indicated (see Fig. 2). Note that realization 10 had two NIJ cores.

478 Comparing these two isobaths reveals that the lateral distance between them varies 479 substantially along the north slope of Iceland (Fig. 10). Near Denmark Strait, as well as in the 480 northeast part of the domain, the continental slope is fairly steep and the two isobaths are close 481 to each other (average separation ~ 10 km). In the middle part of the domain the slope is more 482 gentle and the isobaths are farther apart (average separation ~30 km). For the 6 transects in 483 which the NIJ was found immediately adjacent to the NIIC, the average isobath separation was < 484 15 km. By contrast, for the 5 transects where the NIJ was separated from the NIIC the average 485 separation was > 30 km. The simple conclusion is that the proximity of the NIJ to the shelfbreak 486 dictates to first order if the current shares a common front with the NIIC. We hasten to add, 487 however, that this is not the only criterion. For example, at section H near 21.6° W (which is also 488 section 10, Fig. 2), both scenarios were observed. This is likely due to the ability of the NIIC to

489 occasionally meander seaward, closer to the location of the NIJ. Such meandering of the NIIC is
490 evident in drifter data (Valdimarsson and Malmberg, 1999).

491

492 We examined more closely the characteristics of the hydrographic front for the 5 cases 493 when the NIJ was not linked to the NIIC. The cross-stream variation in temperature, salinity, and 494 density was computed over a representative region encompassing the front (see the dashed box 495 in Figs. 7 and 8; a similar box was constructed for each of the 5 transects). The results of this 496 calculation are shown in Fig. 11. As was noted earlier, in each instance the sense of the density 497 change is the same: denser offshore to lighter onshore, although the magnitude of the jump 498 varies substantially (the vertical scales are the same in Fig. 11). Notably, while the temperature 499 always goes from colder to warmer across the front, there is no set pattern for salinity. In two of 500 the cases the salinity increases going onshore, in two other cases it decreases going onshore, and 501 in the last instance there is very little change across the front. As such, the density change is 502 always dictated by the lateral temperature gradient. At this point it is unclear how this offshore 503 temperature front gets established, but it seems to be a ubiquitous feature when the NIJ is found 504 seaward of the NIIC.

505

506 Further work is required to understand the dynamics governing the two NIJ scenarios and 507 the role of the associated hydrographic front. However, it is reasonable to assume that when the 508 NIIC is immediately adjacent to the NIJ – i.e. when they share a common front – the two flows 509 are dynamically linked. For instance, the stronger cross-frontal density gradient in this case (Fig. 510 9) may alter the stability characteristics of the flow leading to enhanced baroclinic instability 511 (Isachsen, 2011). The steeper topography associated with these conditions also tends to make the 512 flow more baroclinically unstable (Spall, 2010; Isachsen, 2015). This in turn will impact the 513 cross-stream eddy fluxes of heat and salt from the NIIC into the interior, which is an important 514 component of the local overturning cell in the Iceland Sea (Våge et al., 2011). It suggests that 515 there may be localized regions of enhanced exchange.

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20 **5. Interannual variability**

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522 The NIJ Water Mass

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524 As seen in Table 1, the 8 occupations of the NIJ at the Kögur line were obtained over a time 525 span of nine years. It is of interest then to determine if there were interannual variations in the 526 hydrographic properties of the overflow water mass advected by the current. This is most 527 effectively accomplished by working in density space. This is because vertical heaving of 528 density surfaces due to mesoscale variability often makes it difficult to detect changes in water 529 masses when considering vertical sections in depth space (e.g. a hydrographic anomaly resulting 530 from differencing two sections can be mainly due to isopycnal displacement). As such, we 531 constructed sections where the vertical coordinate was density instead of depth. This was done 532 as follows. Using the data for all of the occupations, we computed a single average density 533 profile (which was low-passed to remove any irregularities). This was used to make a look-up 534 table, and for each CTD profile the density value was replaced by the depth corresponding to the 535 average profile. This variable is referred to as scaled depth, z'. We then constructed vertical 536 sections of temperature and salinity versus z'.

537

538 The sections of temperature in this coordinate system for the 8 crossings (Fig. 12) 539 unambiguously reveal various aspects of the variation in the water masses (note that the 540 isopycnals are flat in this coordinate frame). For example, the seasonal densification of the 541 Atlantic water in the NIIC is apparent by the outcropping of the surface isopycnals (i.e. no data 542 for z' shallower than about 100 m for the three February occupations). Note also the variation in 543 the deepest isopycnals. For example, the 2004 and Aug 2011 crossings have data extending 544 close to z' = 1000 m, whereas the 2009 and 2013 occupations have very little data below z' = 800545 m. This near-bottom variability is likely due to mesoscale heaving of density surfaces, which in 546 this coordinate frame simply shows up as different extents of data coverage.

547

Fig. 10: Bathymetric map highlighting the isobath typically associated with the NIJ (650 m) and that typically associated the NIIC (350 m). The realizations where the NIJ was situated next to the Atlantic water are denoted by the red stars, and the other cases (non-Atlantic water) are denoted by the blue stars (see Fig. 9). Note that two of the latter realizations corresponded to the same geographical location as other occupations (which is why there are only 3 blue stars in the figure versus 5 blue stars in Fig. 9).

555

556 It is clear in the vertical sections of Fig. 12 that the deep portion of the NIJ has warmed over 557 the 9 years of data coverage. For instance, the density range of 28.04 - 28.05 kg m⁻³ has warmed 558 by more than 0.15°C. Corresponding to this, the water has become saltier (which it must in order 559 to maintain the same density). To quantify this, we computed the average temperature and 560 salinity for the density range of 28.035 - 28.06 kg m⁻³ in the NIJ (using the velocity sections to 561 define the lateral bounds of the current). This is the densest portion of the overflow water 562 transported by the NIJ, which is not found in either of the branches of the EGC (Våge et al., 563 2013). The resulting timeseries (Fig. 13) shows the marked warming and salinification of this 564 water mass over the last few years of the record. 565

566

Fig. 11: Characteristics of the hydrographic front for the five cases when the NIJ was situated next to water that was not Atlantic water. See Figs. 7 and 8 for examples of the region over which the frontal characteristics were computed. The top row is potential temperature, the middle row is salinity, and the bottom row is potential density.

572 To put this into broader context, we used the historical hydrographic data set of the Nordic 573 Seas employed by Våge et al. (2013). This climatology encompasses the period 1980 to the 574 present and uses data from a number of sources, including CTD stations from MRI, the 575 International Council for the Exploration of the Seas, the World Ocean Database, and the 576 Norwegian Iceland Seas Experiment database (Nilsen et al., 2008). The reader is referred to 577 Våge et al. (2013) for details. Over the years, MRI has regularly occupied the Kögur section, 578 nominally four times a year (February, May, August, and November). Since the occupations do 579 not include velocity measurements, we are unable to isolate the water within the NIJ. However, 580 since it has been established that the current is centered at the 650 m isobath, we can assume that it is generally confined between the 400 m and 800 m isobaths (see Fig. 3). Accordingly, we
constructed a timeseries of the water properties for the dense portion of the NIJ (28.035 – 28.06
kg m⁻³, same as above) by averaging the stations between these two isobaths for the collection of
MRI Kögur transects. This was done for the time period 1990-2013.

585

586 As seen in Fig. 14, this proxy timeseries agrees well with the more precisely determined 587 values for the 8 occupations with velocity considered in this study (the uncertainties in the proxy 588 record are shown in Fig. 15). The longer-term record reveals that the properties of the dense 589 water in the NIJ have varied quite substantially over the past 25 years. In particular, there was a 590 period of colder and fresher overflow water from the mid-1990s to the early 2000s. Following 591 this there was an abrupt transition to warmer and saltier values, then a more gentle increase until 592 very recently (after 2012) when rapid warming and salinification occurred again - to levels not 593 attained during the previous 25 years. We now relate this interannual variability at the Kögur 594 line to the observed changes in the dense water flowing over the Denmark Strait sill.

595

596 Overflow Water Passing Through Denmark Strait

597

598 In a recent study, Mastropole et al. (2017) used a collection of hydrographic sections occupied in 599 the vicinity of the Denmark Strait sill between 1990 and 2012 to investigate the characteristics of 600 the overflow water entering the Irminger Sea. Of their 111 realizations, approximately 40% 601 contained a "bolus" of overflow water at the sill. These are weakly stratified lenses of dense 602 water that occupy a fairly large portion of the deep trough in Denmark Strait as they pass 603 through. The intermittent presence of these features in the strait has been recognized for decades 604 (e.g. Cooper, 1955), but Mastropole et al. (2017) were the first to systematically characterize 605 their T/S properties. Using an objective definition of a bolus, they found that these features 606 constitute the coldest and saltiest component of DSOW and are comprised mainly of Arctic-607 origin water. As such, it is likely that the water within these features originates from the NIJ.

Fig. 12: Vertical sections of potential temperature (color, °C) overlain by potential density (contours, kg m⁻³) for the
8 Kögur transects. The vertical coordinate is z', which is used to construct the sections in density space (see text).
The station numbers are marked along the top for each transect. The dark grey shading indicates bottom
outcropping, and the light grey shading indicates surface outcropping.

614 While Mastropole et al. (2017) found no discernable seasonal signal in the bolus 615 hydrographic properties, they revealed that the properties changed over the length of the 25-year 616 record. This motivates us to compare the interannual variability of the NIJ water determined 617 above with that found in the boluses measured at the sill. To be consistent, we considered only the boluses with an average density greater than 28.035 kg m^{-3} (i.e. the upper limit of the density 618 619 range used above for the NIJ). Comparing the resulting bolus properties to those of the NIJ water 620 at the Kögur line, we find that there is a clear relationship between the two (Fig. 14). Consider 621 first the salinity. The low frequency change in the salinity of the boluses tracks that seen in the 622 upstream NIJ, including the fresh period from mid-1990s to the early 2000s and the 623 salinification that has occurred since. Overall the bolus values are a bit fresher; the mean offset 624 between the two timeseries is 0.002 (which is near the accuracy of the CTD salinity 625 measurements).

Fig. 13: Characteristics of the dense water, averaged over the potential density interval 28.035 – 28.06 kg m⁻³,
transported by the NIJ for the 8 Kögur transects plotted by year. The top panel is potential temperature and the bottom panel is salinity. The standard deviations are indicated.

632 By contrast, the temperature of the boluses is significantly warmer than that measured 633 upstream. However, the general trends are again the same: cooling early in the record, then a 634 warming that has continued until the end of the timeseries. The mean offset between the two 635 records is 0.18°C. Thus, as the dense water travels the 200 km distance from the Kögur line to 636 the Denmark Strait sill, it mixes with surrounding water and becomes warmer and slightly 637 fresher – and hence less dense (consistent with the results of Jonsson and Valdimarsson, 2004). 638 In light of Fig. 3 this makes sense, since the ambient water offshore of the NIJ is warmer and 639 fresher. Note that there is more scatter in the bolus properties than for the NIJ water upstream.

640 This is likely due to the turbulent nature of the mixing, the strength of which undoubtedly varies

641 in time and space.

642

Fig. 14: Timeseries of (top panel) potential temperature and (bottom panel) salinity of the dense NIJ water at the
Kögur transect constructed using the historical data (blue lines). The corresponding values for the 8 realizations
considered in this study are denoted by the black squares (same as Fig. 13). The green circles are the values of the
dense boluses observed at the Denmark Strait sill by Mastropole et al. (2017).

648

643

- 649 6. Subtropical inflow versus dense outflow
- 650

We now seek to determine if there is relationship between the inflowing Atlantic water in the NIIC and the dense outflow in the NIJ. If there is a local overturning loop in the Iceland Sea – which is consistent with the mass budget presented above – then one would expect a connection between the interannual variability of the inflow and that of the outflow. To construct a timeseries of the inflow properties we used station 6 on the Látrabjarg (i.e. the Atlantic water end member used above). Because of the large seasonal signal in temperature and salinity, we 657 considered the summer occupations only (i.e. before any transformation takes place). We then 658 isolated the Atlantic water signal by averaging within the density range 27.5 - 27.6 kg m⁻³ (see 659 the mean summer salinity section of Fig. 4).

660

661 The resulting timeseries of inflowing salinity shows a clear relationship with the outflowing 662 salinity of the NIJ (Fig. 15). Strikingly, the two curves are approximately in phase with each 663 other (the sparsity of the measurements makes it impossible to determine a phase lag within ± 1 664 yr). Based on this, one possible conclusion is that the overturning loop operates on a short 665 timescale; i.e., the inflowing Atlantic water is transformed and exported within a year (or 666 slightly longer). This seems highly unlikely if the transformation takes place within the Iceland 667 Sea gyre, because the water there is trapped to a large degree within the closed streamlines (i.e. 668 within closed dynamic height contours, Våge et al., 2013; see also Fig. 16). However, using a 669 combination of hydrographic profiles and Argo float data, Våge et al. (2015) demonstrated that 670 the deepest and densest winter mixed-layers in the Iceland Sea occur outside of the gyre to the 671 northwest (Fig. 16), where there is no such trapping. This has been confirmed recently using 672 glider data (K. Våge, pers. comm., 2016). This raises the possibility of more rapid overturning 673 and exchange in that region which feeds the densest part of the NIJ. We now consider several 674 factors that address the likelihood of this.

675

676 There are two components of the inflowing and outflowing salinity timeseries in Fig. 15 that 677 need to be addressed. Firstly, the mean salinity is modified from approximately 35.1 in the 678 inflowing NIIC to approximately 34.9 in the outflowing NIJ. Secondly, although both 679 timeseries show the same phase with respect to the low frequency variability, the amplitude of 680 the fluctuations in the inflowing Atlantic water are roughly an order of magnitude larger than 681 those of the outflowing NIJ. Keep in mind that we are considering the densest portion of the NIJ 682 (potential density between $28.035 - 28.06 \text{ kg m}^{-3}$), which in the mean transports 0.45 Sv over the 683 8 Kögur occupations. Therefore, we assume that roughly half of the O(1 Sv) NIJ arises from 684 convection in the northwest Iceland Sea¹, while the other (lighter) half stems from

¹ It is likely that there is a contribution to the densest portion of the NIJ from the Greenland Sea as well (Våge et al., 2015).

transformation elsewhere. It is worth noting that in Våge et al.'s (2011) idealized model the
downwelling near the Iceland slope does not account for the full NIJ transport, and other
numerical models suggest that the NIJ is also fed from remote regions (Kohl et al., 2007; Yang
and Pratt, 2014).

689

690 If approximately 0.5 Sv of the NIJ originates from the northwest Iceland Sea, it would take 691 approximately 100 mSv of freshwater, relative to 34.9, to mix with the inflowing salinity of 35.1 692 to produce an outflow salinity of 34.9. There are three primary sources of freshwater between 693 the Kolbeinsey Ridge and the continental slope east of Greenland: annual mean precipitation, 694 freshwater flux from the coastal region, and ice flux from the coastal region. Consider first the 695 precipitation. The annual mean net evaporation minus precipitation is approximately E = -1.2 x 696 10⁻⁸ m s⁻¹, based on the ERAI and JRA55 climatologies. The area of deep convection in Fig. 16 697 is approximately $A = 3 \times 10^{10} \text{ m}^2$. If the 0.5 Sv of NIIC water were to flow into this region, gain 698 freshwater through wintertime convection of the net evaporation minus precipitation over the 699 depth of the outflowing NIJ (~500 m), this would result in a change in mean salinity of only 700 0.02, an order of magnitude less than the observed change. The freshwater transport is given by 701 $ES_{o}A$ (where S_{o} is the salinity of the outflow), which is approximately 12 mSv, again an order of 702 magnitude too small.

703

704 Now consider the other two sources of freshwater. Based on an extensive hydrographic 705 survey along the shelf/slope of east Greenland from Fram Strait to Denmark Strait (Håvik et al., 706 2017), the liquid freshwater transport of the EGC decreases by approximately 50 mSv between 72°N and 69°N (Fig. 16).² The freshwater transport of the East Icelandic Current (which is 707 708 believed to emanate from the EGC near 70°N) is only 3.4 mSv (Macrander et al., 2014), hence 709 most of the \sim 50 mSv fluxed from the boundary should enter the region where the convection 710 occurs. This is half of what is required to achieve the observed outflow salinity. Regarding the 711 solid freshwater flux, Dodd et al. (2009) used hydrographic measurements, oxygen isotope ratio 712 data, and dissolved barium data from sections just north of Denmark Strait to estimate that ice

² The freshwater transports in Håvik et al. (2017) are relative to 34.8, but the values change very little when calculated relative to 34.9 (L. Håvik, pers. comm., 2016).

- 713loss from the east Greenland shelf south of Fram Strait accounts for roughly another 50 mSv of
- 714 freshwater flux into the interior. Thus, it appears that the mean change in salinity for the densest

715

Fig. 15: Timeseries of salinity of the dense NIJ water at the Kögur transect from Fig. 14 (black line) compared to
 that of the Atlantic water flowing northward through Denmark (red line). Note the change in salinity scales for the
 two curves. The standard deviations are indicated.

720 half of the NIIC–NIJ overturning loop can be explained by freshwater sources on the east 721 Greenland shelf/slope with an implied mixing and exchange in the northwest Iceland Sea. We 722 hasten to note that these fluxes are based on only a small amount of data, and we can't say for 723 certain if significant mixing takes place in this region. However, we offer this as a plausible 724 scenario. The other 0.5 Sv of NIJ transport presumably emanates from east of the Kolbeinsey 725 Ridge and must attain an additional 100 mSv from other freshwater sources. At this point it is 726 difficult to speculate what these sources are because very little is known about the remaining 727 contributions to the NIJ. 728

729 The next question is, why are fluctuations of salinity in the NIIC in phase with – but larger 730 than – those of the NIJ (Figure 15)? The low frequency variability in salinity of the Atlantic 731 water entering Denmark Strait has been described by Hatun et al. (2005) and Hakkinen et al. 732 (2011), and is similar to that observed in the other two primary branches of the Atlantic inflow 733 to the Nordic Seas farther to the east. These previous studies have shown that this variability is a 734 result of large-scale changes to the subpolar and subtropical gyre circulation patterns, driven by 735 changes in the wind stress curl over the subpolar gyre. During periods of weakening cyclonic 736 wind stress curl, the subpolar front shifts to the west and the warm, saline subtropical gyre 737 waters penetrate farther to the north in the eastern Atlantic, directly affecting the salinity of the 738 waters flowing into the Nordic Seas. Between the late 1990s and at least 2010 the wind-forcing 739 over the subpolar gyre was decreasing, and saline subtropical waters were advected northward into the northeast Atlantic and Nordic Seas, consistent with the NIIC trend seen in Fig. 15. 740

741

742 It is tempting to interpret the in-phase changes in the salinity of the outflowing NIJ as a direct 743 consequence of the variability in the inflowing Atlantic water. Such a relationship would imply 744 a short residence time of the Atlantic water in the Nordic Seas that enters via the NIIC. 745 However, as noted above, the magnitude of the salinity changes observed in the NIJ is an order 746 of magnitude less than the salinity changes in the NIIC. This in turn would imply a very long 747 residence time and strong mixing in order to dampen the salinity signal. The in-phase 748 relationship, coupled with the disparity in signal strength, suggests that changes in the outflow 749 salinity are not simply reflecting changes in the inflow salinity with a short residence time in the 750 Nordic Seas.

751

Another potential source of variability in the outflow salinity is variability in the sources of freshwater in the Nordic Seas. There could be low-frequency trends in the freshwater and/or ice flux from the east Greenland shelf/slope, which might imprint such a signal on the product water formed by convection. We cannot discount this, but also have no means to estimate these fluxes over the 25-year time period of our analysis. We can, however, estimate the changes in the salinity of the convective water mass that results from local changes in evaporation minus precipitation (E-P). Timeseries of E-P anomalies over the Iceland Sea (69°N to 71°N, 17.4°W to 13°W) from 1990 to 2014 are shown in Fig. 17a for three reanalysis products: NCEP, ERAI, and

760 JRA55 (see section 2.2 for a description of these products). They each show similar patterns

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- 762

Fig. 16: Region of the deepest and densest winter mixed layers in the Iceland Sea (green shading) based on a
combination of shipboard data, Argo float data, and glider data (Våge et al., 2015; K. Våge, pers. comm., 2016).
The dynamic height contours of the Iceland Sea Gyre are indicated by the white lines (from Våge et al., 2013). The
pathways of the shelfbreak East Greenland current (EGC), separated EGC, and North Icelandic jet (NIJ) are shown
schematically by the yellow lines. The location of the data used by Våge et al. (2015) are indicated by the grey
crosses.

- 770
- with interannual oscillations of O(5 yr) period and a nearly linear trend of increasing E-P
- anomaly. The uncertainty between the three estimates of E-P is on the order of 10%, a result that
- is in agreement with the reported uncertainties in the underlying fluxes (Bosilovich et al. 2008;
- Renfrew et al. 2009). Over roughly the first 10 years there is an excess of precipitation, and over
- the final 15 years there is a deficit of precipitation.

777 The influence of this local net surface forcing on a water column of thickness H = 500 m 778 can be estimated by integrating the salinity evolution equation $\partial S/\partial t = S_r E'/H$, where $S_r = 35$ is a 779 reference salinity and E' is the anomalous E-P flux (relative to the mean from 1990-2014). This 780 equation assumes that a net freshwater flux of E-P (with S=0) mixes with a water column of 781 thickness H and salinity S_r . This approach is valid as long as E-P $\ll H/t$, where t is the time of 782 integration (which is the case here). The resulting timeseries of salinity, assuming an initial 783 value of 34.92, is shown in Fig. 17b. We performed 100 calculations for each of the forcing 784 products, with a random 10% of the rms variability in E-P added at each year to represent the 785 expected range of uncertainty. The phase and amplitude of the predicted salinity are in broad 786 agreement with the salinity observed in the NIJ (the one-dimensional NCEP and JRA55 models 787 tends to over-predict the variability). This interpretation of local atmospheric forcing is 788 supported by a timeseries of the near-surface salinity in the center of the Iceland Sea Gyre, 789 which displays a similar in-phase relationship with both the NIIC and the NIJ (not shown). The 790 center of the gyre is within a region of closed dynamic height contours, hence it is expected that 791 exchange between the gyre and the surrounding ocean occurs on long time scales. This points to 792 the importance of air-sea forcing versus lateral exchange in dictating the variability in salinity in 793 this region.

794

The uncertainties of the E-P fields and the gross simplification of the one-dimensional model notwithstanding, we conclude from this that E-P over the region of dense water formation is potentially responsible for the observed variability in the salinity of the NIJ. The in-phase relationship between the forcing over the convection region and the observed outflow in the NIJ implies a fairly rapid communication between the convection site and the outflow. A modest advective speed of O(1 cm/s) would transmit water from the convection site to the Kögur line in roughly 1 year, consistent with the phase relationship in Fig. 17b.

802

Given the notion that the NIJ salinity variations are largely due to local atmospheric forcing and not the result of the inflowing NIIC, why then are the two timeseries in Fig. 15 in phase? As noted above, the variability in the salinity of the NIIC appears to be forced by variations in the wind stress curl in the subpolar gyre. Using the three reanalysis products, we calculated the

- annual wind stress curl over approximately 46–58°N, 24–2°W going back to 1958 (the ERAI
- 808 product only starts in 1979). The negative of the annual E-P anomaly calculated over the
- 809 convection region in the Iceland Sea from JRA55 is plotted together with the spatially averaged
- 810 wind stress curl anomaly

Figure 17: (a) Annual anomalies of E-P (m s⁻¹) from the three different reanalysis products (see the legend). The anomalies are relative to the 25-year mean. (b) The resulting variation in salinity of the NIJ water mass using the E-P forcing in (a) with the one-dimensional mixing salinity evolution equation (including error estimates, see text).
The thick black line is the observed NIJ salinity from Fig. 15 with plus/minus one standard deviation indicated by the gray shading.

818 from the three products in Fig. 18. Each of the timeseries has been de-trended and smoothed 819 using a $[0.25 \ 0.5 \ 0.25]$ filter. One sees that there is a clear relationship. Over the period of 820 overlap between the three reanalyses (1979-2013) the correlation coefficients between the E-P 821 and curl are -.48, -.43, and -.51 for the NCEP, JRA55, and ERAI products, respectively. Using a 822 Monte Carlo approach that uses 100,000 synthetic time series with the same red noise spectral 823 characteristics as the underlying timeseries (Rudnick and Davis, 2003; Moore et. al. 2015), these 824 correlations are all statistically significant at the 95% confidence level (although the amount of 825 variance explained is only on the order of 25%).

826

827 This result indicates that the large-scale weather patterns that control the low frequency 828 variability of the wind stress curl over the subpolar North Atlantic also influence the E-P fields 829 over the Iceland Sea. Further investigation is needed to identify the precise mechanisms at work, 830 although this is likely related to the nature of the regional storm tracks (Chang, 2009) and teleconnection patterns that influence the location of the Icelandic Low (Moore et al., 2013).

Finally, we stress that, despite the in-phase relationship in salinity between the inflowing NIIC

and outflowing NIJ (Fig. 15), this does not imply that the Iceland Sea overturning loop operates

on an annual timescale. It is still unknown how long it takes the Atlantic water flowing through

835 Denmark Strait to be transformed into overflow water and exported out of the Iceland Sea to the

836 North Atlantic. We note, however, that based on the volume of the transformation region in the

837 northwest Iceland Sea (for the A and H given above), an overturning circulation of 0.5 Sv

implies a residence time of approximately 1 year. This, together with the swift E-P imprint ontothe NIJ (Fig. 17b), implies that the Iceland Sea overturning cell is rapid.

840

841 **7. Summary**

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843 In this paper we have elucidated the relationship between the North Icelandic Jet (NIJ), 844 which transports the densest overflow water into Denmark Strait, and the North Icelandic 845 Irminger Current (NIIC), which imports Atlantic water into the Iceland Sea. Using a set of eight 846 shipboard hydrographic/velocity sections at the Kögur line, roughly 200 km northeast of 847 Denmark Strait, we quantified the water mass and kinematic structure of both currents. The NIIC 848 is a surface-intensified current residing on the outer-shelf, which in summer is more baroclinic. 849 Seaward of the shelfbreak, the middepth-intensified NIJ transports Arctic-origin overflow water 850 equatorward. All three winter occupations displayed a double-cored NIJ, while the summer 851 mean showed a single, stronger NIJ inshore of the surface-intensified separated East Greenland 852 Current (EGC). The mean transport of the NIJ was 1.23±0.32 Sv, while that of the NIIC was 853 3.07±0.29 Sv. However, when excluding the anomalously large NIIC value in February 2011, 854 and distinguishing the warm, salty inflow from the cold, fresh outflow, the two resulting 855 transports more closely balance each other (within the error bars).

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Using additional shipboard transects around the north slope of Iceland, we demonstrated that in some instances the NIJ and NIIC were situated immediately adjacent to each other, in which case a single density front supported both currents. In the remaining instances the NIIC was located well inshore of the NIJ. However, in each of those instances a separate, surfaceintensified poleward flow resided next to the NIJ. A clear trend emerged: when the NIIC and NIJ 862 were situated side by side, the density front was strong, the poleward flow was substantial, and

the water advected by the poleward flow was salty. By contrast, when the two currents were

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Figure 18: The E-P anomaly (m s⁻¹) from JRA55, smoothed using a [0.25 0.5 0.25] filter and de-trended (multiplied by -10⁷, red dashed line) compared to the wind stress curl (10⁶ N m⁻³) from the three reanalysis products averaged over the region 46–58°N, 24–2°W, also smoothed and de-trended: NCEP (black line), ERAI (green line), and JRA55 (blue line).

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apart, the density front associated with the NIJ was weak, the poleward flow next to the NIJ was
reduced, and the water within the poleward flow was fresher. In all cases the density front is
dictated by the lateral gradient in temperature (colder onshore, warmer offshore). It is unclear
why the NIJ is always associated with such a density front and poleward flow, although it
appears that the NIJ and NIIC "lock" to each other when the bottom topography steers them
close together.

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Performing an analysis in density space on the 8 Kögur sections we demonstrated that the dense water advected by the NIJ has become markedly warmer and saltier over the past several years. Extending this back in time using historical hydrographic data revealed that there has been significant interannual variability of this water mass over the past 25 years. Comparing this variability to that of the boluses of overflow water passing through Denmark Strait indicates that the dense water becomes warmer between the Kögur line and the sill, with more year-to-year scatter. This is likely due to intermittent mixing along the NIJ pathway.

886 Strikingly, the interannual variability in salinity of the inflowing NIIC matches that of the 887 outflowing NIJ with little to no phase lag. This would seem to imply that the latter is being 888 dictated by the former, and that the overturning loop in the Iceland Sea is rapid (i.e. order of a 889 year). This precludes the central Iceland Sea Gyre as a likely source of the transformation. 890 However, recent data indicate that the deepest and densest winter mixed layers occur outside the 891 gyre in the northwest Iceland Sea. We demonstrated that the combination of liquid and solid 892 freshwater flux from the east Greenland boundary to the northwest Iceland Sea can account for 893 the observed net freshening of the NIIC to the NIJ for the densest 0.5 Sv of the overturning 894 circulation. This implies that the remaining 0.5 Sv of overturning occurs farther to the east, 895 which is in line with previous model studies.

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897 Because of the large disparity in signals, the interannual variability in salinity of the NIJ 898 cannot simply be dictated by the corresponding variability of the NIIC. We showed that the year-899 to-year changes in the salinity of the dense outflow are instead explainable by annual anomalies 900 of E-P in the Iceland Sea. We cannot preclude other possibilities, such as having only a small 901 fraction of the anomalously saline NIIC contribute to the NIJ, but this would contradict previous 902 studies that suggest that much of the NIJ originates from the NIIC. Accordingly, the in-phase 903 relationship between the NIIC and NIJ appears to be dictated by large scale atmospheric 904 patterns. Previous studies have revealed that variations in the wind stress curl over the subpolar 905 gyre dictate the salinity of the Atlantic water entering the Nordic Seas. Using reanalysis fields, 906 we demonstrated that the weather patterns controlling the curl also influence the E-P fields over 907 the Iceland Sea. While our study has shed light on the nature and variability of the overturning 908 loop in the Iceland Sea, further work is required to better understand the mechanisms and 909 timescales involved.

910

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912

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- 923

Dates of occupation of Kögur section	Elapsed Time	Ship
Aug 08 2004 1511Z - Aug 09 2004 1345Z	22 h, 56 min	RRS James Clark Ross
Oct 17 2008 0550Z - Oct 18 2008 1238Z	20 h, 48 min	R/V Knorr
Aug 12 2009 1901Z - Aug 13 2009 0613Z	11 h, 14 min	R/V Bjarni Sæmundsson
Feb 11 2011 1836Z - Feb 12 2011 0532Z	12 h, 08 min	R/V Bjarni Sæmundsson
Aug 25 2011 2050Z - Aug 26 2011 2135Z	24 h, 45 min	R/V Knorr
Feb 09 2012 2331Z - Feb 10 2012 1004Z	10 h, 35 min	R/V Bjarni Sæmundsson
Jul 30 2012 0543Z - Jul 31 2012 0611Z	12 h, 28 min	RRS James Clark Ross
Feb 07 2013 2345Z - Feb 08 2013 1001Z	10h, 16 min	R/V Bjarni Sæmundsson

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 Table 1: Occupations of the Kögur transect used in the study.

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